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Personal Techniqueis for simple lotion meant for your own use. This one is quicker and easier. Pro Techniqueis for lotion you mean to sell, or for lotion with perishable ingredients like milk, or for lotion with no preservative. This one isn ' t difficult either—just more painstaking and precise.

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The Smart and Simple Guide to Low-Temp Tricks for Making Soap with Special Ingredients .  
Anne's Soapmaking and Lotionmaking Page. Why make soap? Why bother? You can buy something to wash with for a tenth the price. I ask myself this every time I make another batch. It's a fascination, a sort of alchemy.

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SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion from scratch. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost.  
//////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington.  
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Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost.

Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Milk Soapmaking," "Baking with Cookie Molds," and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington.

"The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey "Spells out everything and makes it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." -- Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" -- Susan Dinion, Holiday Farm & Handmade Goods, Berlin, Massachusetts

CONTENTS A Few First Thoughts Lies and Lotions (Myths About Lotion and Lotionmaking) Lotion Lingo (Learning the Jargon) What Is Lotion, Anyway? (What It Is and What Goes Into It) The Two Ways to Sanitize Lotion (And How to Choose Between Them) What Do I Put It In? (Choosing Your Bottles) What Do I Use to Make It? (Gathering the Equipment You Need) Step-by-Step Lotionmaking (From Prep to Cleanup and Beyond) Testing Your Lotion (Making Sure It's Safe) More Recipes! (Different Lotions You Can Try) Milk Lotion Recipes (Treating Your Skin to Milk) Designing Your Own (How to Create Great Recipes) Troubleshooting (Tricks, Tweaks, and Fixes) Making It a Business (How to Go Pro, Not Bust) Why? Why? Why? (Frequently Asked Questions) Resources

Nourish and revitalize your skin with your own handcrafted creams and lotions. Donna Maria shares her simple five-step method for creating fragrant all-natural body rubs, facial creams, lip balms, moisturizers, and more. Explore how aromatic oils can effectively preserve and protect your skin, and learn how to craft products that target your skin ' s specific needs. You ' ll be amazed at how your products, which are both inexpensive and free of harsh chemicals, can help promote healthy and vibrant skin. This publication conforms to the EPUB Accessibility specification at WCAG 2.0 Level AA.

Lotion Making In Book Three of Thermal Mermaid Lotion Recipes you will get 25 exotic body butters and massage bar recipes. These are items on our cosmetic line that have been

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Exceptionally popular over the past few seasons as people become more interested in luxury personal products. These recipes differ from traditional lotions and are packaged with a different twist. - They do a great job nourishing and protecting your skin - They contain only those ingredients that you choose, so you can avoid harmful chemicals - They are better for your skin, since you can customize them to fit your needs exactly - They can be made with your favorite essential oils for custom fragrances - They are lot cheaper than store-bought lotions and body butters With this book, you will learn everything you need to know to get started with homemade lotions today. Here are just a few of the things this book will teach you: - How to make professionally made lotions that you can sell - We discuss safety and precautions involved in selling your products - What equipment you will need to make each kind of lotion - Where to get ingredients and supplies - Whether you need to use preservatives to prolong your lotion's shelf life - How to clean up after making your lotion This book contains our recipes that we have created for our product line from the artisans at Thermal Mermaid. Here are some of the recipes you can prepare today:

Are you interested in learning more about soap making? Are you interested in making your own soap or starting your own soap making business, this A-Z guide will show you what you need to do, the resources you will need, and how to be successful in soap making

NO STARTER -- NO WASTE -- NO CHEAT -- NO FAIL NATURALLY FERMENTED BREAD IN JUST 24 HOURS WITH YOUR HOME PROOFER, INSTANT POT, SLOW COOKER, SOUS VIDE COOKER, OR OTHER WARMER There's sourdough, and then there's SMART sourdough -- a whole new approach to an ancient bread! Most sourdough recipes lead you through days or even weeks of developing a starter before you can make your bread -- and then into a lifetime of maintaining that starter. But this book is based on the belief that all that rigmarole is no longer needed. With modern methods of regulating temperature, and with the easy availability of baker's yeast, honest-to-goodness naturally fermented sourdough bread can be made from start to finish in less than a day. With all the benefits of naturally fermented sourdough, it's only the hassle of making it that has discouraged home bakers. Well, hassle no more. The age of smart sourdough has arrived. ////////////////////////////////////// Mark Shepard began baking his own sourdough bread in 1979 and went on to publish the bestselling booklet "Simple Sourdough." In 2012, he began developing a sourdough method that's even simpler and more reliable -- one that could be used by anyone, with no fear of failure. Mark now lives in Bellingham, Washington, with his wife and fellow author, Anne L. Watson. ////////////////////////////////////// "A fresh new look at making your own sourdough . . . I love Mark's attention to detail. No matter your setup, tools, or needs, he's got you covered . . . I questioned his use of a pinch or two of baker's yeast, but his research and experiments have me sold. His recipes combine the advantages of cultivated yeast and naturally occurring sourdough bacteria to make bread that actually rises and doesn't take days to make." —Holly Howe, author of "Fermentation Made Easy! Mouthwatering Sauerkraut" " Mark Shepard shares how to make sourdough bread, with its characteristic flavor and health benefits, without maintaining a long-term starter. It ' s relevant to anyone looking to save time in the kitchen, learn a new technique, or just read a very detailed and interesting book on sourdough. " —Emily Buehler, author of " Bread Science: The Chemistry and Craft of Making Bread " "I have always wanted to do sourdough, but I am away from home A LOT and often hubby is with me, so there would be no one at home to maintain the starter. BRING ON THE INSTANT POT!!! It is so simple, I have zero idea why this book was not written years ago . . . Want a great wedding gift idea? This book, an Instant Pot, flour, and yeast. They will thank you forever!" -- Janet Cousineau, Poppy-Coloured Pages (Facebook group), April 27, 2021 At the beginning of the pandemic, I (and most of the rest of the

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planet) decided to start a sourdough culture and make my own sourdough. I mixed the ingredients, kept everything scrupulously clean, followed the instructions -- and it was a total, completely disgusting failure. So, I was a bit skeptical of the author's no-fail, 24-hour workaround which doesn't require a refrigerated starter culture. I followed his directions and used our Instant Pot to keep the dough evenly warm, added a little yeast at the end of the process, and managed to make a credible loaf of sourdough in 24 hours . . . Five stars." -- Annie Buchanan, Nonstop Reader (blog), June 1, 2021 "If you survived the pandemic without making sourdough, then THIS is your book. You can get ahead of everybody else, with the quickest recipe possible for amazing bread, pizza dough, pancakes, and dosa! . . . As a homeschool mom, I'd also say that since you're basically growing bacteria and watching for reactions, it would be a great book for a Kitchen Chemistry or Biology class!" -- Nicole Henke, Bless Their Hearts Mom (blog), Aug. 6, 2021

A natural treasure for every body. Whether it's about saving money, living greener, or treating sensitive skin, The Complete Idiot's Guide® to Making Natural Beauty Products has everything the hobbyist will need to create organic, natural beauty products. ?Includes everything from face creams to mineral makeup to shampoo and more ?Each formula is clearly presented in recipe style, with notes on prep time, storage, and uses ?All products are made from natural ingredients which will appeal to people going green as well as to people with sensitive skin

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Beautiful to look at but hard to use. That's the reputation of cookie molds. But should it be? In this groundbreaking book, Anne L. Watson restores cookie molds to an honored place in the baker's kitchen by revealing long-lost secrets of their use. With Anne's techniques and recipes, tasty cookies with lovely, detailed designs will literally fall from the mold into your hand. Learn how to make traditional molded cookies like speculaas, springerle, and shortbread, as well as modern ones like White Chocolate Lime Cookies and Orange Blossom Wedding Cookies. Learn the tricks of sandwich cookies, layer cookies, chocolate backing, and exhibition cookies. And learn about the molds themselves -- the many kinds, their history, the best places to find them, how to treat them, what makes a good one, and which to avoid entirely. With nearly two dozen recipes and almost a hundred photos, "Baking with Cookie Molds" will quickly have you making cookies that both amaze and delight. // Anne L. Watson is the author of a number of popular books on home crafts and lifestyle, as well as children's books and many novels. In a previous career, she was a historic preservation architecture consultant. Anne lives with her husband and photographer, Aaron Shepard, in Bellingham, Washington. // "Expert instructions guarantee readers a frustration-free experience when using decorative metal, earthenware, and wooden molds . . . After reading this, you'll want to snatch them up." -- Lisa Campbell, Library Journal, Sept. 15, 2015 -- STARRED REVIEW "A tasty treat of practical cookie making, historical cookie-mold information, and a wide range of recipes, all served with appetizing sides of baking history and great photographs." -- Kirkus Reviews, June 16, 2015 "Anne L. Watson deserves big hugs from bakers everywhere for resurrecting the beautiful and tasty art of baking with cookie molds. Loaded with practical advice on everything from the care and cleaning of molds to proper recipe formulation and molding technique, 'Baking with Cookie Molds' provides all the know-how one needs to put retired molds back where they belong -- off walls and out of cupboards, and into action in our kitchens." -- Julia Usher, author, "Cookie Swap," and Director, International Association of Culinary Professionals "Cookie molds are lovely to

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admire but often end up as part of your kitchen decor rather than as a baking tool. 'Baking with Cookie Molds' will inspire you to use those molds as they were intended -- to create strikingly beautiful cookies -- and shows that those cookies can be delicious as well! Detailed instructions and photographs make it feel like the author is right there in your kitchen, baking alongside you and guiding you through each step." -- Christina Banner, author, "How to Build a Gingerbread House" "A must read for novice and avid bakers! Anne's story and vast knowledge of cookie molds keeps you entertained from beginning to end." -- Karen Giamalva, President and CEO, LetsBakeCookies.com "Friendly, warm, and inviting." -- Ken Hamilton, The Springerle Baker "A 'honey' of a collection of old and new secrets for shaping edible-art cookies -- with less effort and more success. Will do much to keep this tradition alive!" -- Gene Wilson, HOBI Cookie Molds

From the world leader in fascinating facts and amusing true stories comes a book about how to feed, clothe, and protect yourself in the wilderness...and might even make you want to avoid anything resembling the wilderness forever. For more than 25 years, Uncle John's Bathroom Reader has helped you learn amazing things you didn't know. Now, Uncle John will show you how to do things you didn't know how to do...and probably should never, never, never actually do, unless you're in a survival situation and really, really, really need to do. It's Do-It-Yourself Guide to the Bizarrely Impossible: Survival Edition. A new approach to survival guides and how-to books, this book provides step-by-step instructions for how to make do in any rugged terrain. But if you're expecting "how to start a fire," think again. This isn't the kind of book that will tell you how to make a fire by rubbing two sticks together--it will tell you how to make a fire using a car battery. It will also tell you: • How to swing from a vine like Tarzan • How to land an airplane in an emergency • How to fight a bear...and win • How to perform emergency surgery in the woods • How to identify what insects you can--and cannot--eat • And lots, lots more.

A step-by-step guidebook that shows you how to make your own skin creams, hair products, and perfume blends using essential oils and other natural ingredients. Many of today's beauty products contain chemicals and other additives that most of us have never heard of--and probably would avoid if we knew how harmful they really were. With 200 Tips, Techniques, and Recipes for Natural Beauty, you'll learn all that you need to know to make your own safe and healthy beauty products, with recipes and formulas such as: Lemon Verbena Cleansing Milk Exquisite Bulgarian Rose Hair Powder Peppermint Cocoa Lip Balm Herbal Rosemary & Mint Shampoo Brilliant Blueberry & Manuka Honey Face Scrub Skin-Soothing Bath Tea Peppermint and Tea Tree Leave-In Conditioner Create delightful body butters, salves, balms, glosses, scrubs and more using all-natural, holistic ingredients like herbs, flowers, tea, baking soda, and coconut oil. Discover conditioning carrier oils, sumptuous butters, and aromatic floral extracts that will nourish you from head to toe. Some of the recipes can also be used for overall health, including curative herbal extracts and therapeutically effective essential oils. With step-by-step photographs, clear instructions, and expert tips, each recipe is easy to follow. Give the products you create as gifts or keep them for yourself. Regardless, you'll never want to buy beauty products from the drug store again!

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