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He has followed in his father's bodybuilding footsteps. And Arnold Schwarzenegger's son Joseph Baena let his fans in on the process during his Insta Stories this Thursday. The 23-year-old showed ...

Joseph Baena shows off sculpted torso in workout Insta Stories

Other natural ways to repel insects include eating garlic, either as garlic tablets or in your food, or applying diluted citronella, peppermint, eucalyptus or tea tree oils to the skin.

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CNN's chief bodybuilding correspondent, Chris Cuomo spent his Sunday as he does most weekends hanging with strangers on social media, exchanging non-sequiturs with the vast disproportionately ...

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